## CHECK FOR UNDERSTANDING: $K E=1 / 2 \times$ mass $\times$ speed $^{2}$

1. A car is travelling at a velocity of $10 \mathrm{~m} / \mathrm{s}$ and it has a mass of 250 kg . Compute its Kinetic energy?
$m=$ $\qquad$ kg
$V=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
$K E=$ $\qquad$ J
2. What is the Kinetic Energy of a 150 kg object that is moving with a speed of $15 \mathrm{~m} / \mathrm{s}$ ?
$m=$ $\qquad$ kg
$v=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
$K E=$ J
3. What is the Kinetic Energy of a 1200 kg object that is moving with a speed of $24 \mathrm{~m} / \mathrm{s}$ ?
$m=$ $\qquad$ kg
$v=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
$K E=$
4. What is the Kinetic Energy of a 478 kg object that is moving with a speed of $15 \mathrm{~m} / \mathrm{s}$ ?
$m=$ $\qquad$ kg
$v=$ $\qquad$ $\mathrm{m} / \mathrm{s}$
$K E=$ $\qquad$
5. What is the Kinetic Energy of a 100 kg object that is moving with a speed of $12.5 \mathrm{~m} / \mathrm{s}$ ?
$m=$ $\qquad$ kg
$K E=$ $\qquad$
